

## Personnal Backpack Checklist

Backpack	Day Pack - to carry 10 essentials
Pack rain cover	Pcoket Knife
Sleeping bag	Flashlight
Waterproof groundcloth	Extra Batteries
Sleeping pad	Matches (waterproof), firestarters
Poncho or rain gear	Water bottle (filled)
Cup, Bowl, Plate, silverware	Personnal First Aid Kit
Personnal grooming items	Compass
-Toothbrush, toothpaste	Trail mix
-Soap (biodegradable)/washcloth	Chapstick
-Toiletpaper, small plastic shovel	Sunscreen
-Towel	Insect repellent
Layered Clothing	Large plastic trash bags (2+)
Sturdy Hiking Boots	Small plastic trash bags (wet or dirty clothes)
Extra Socks	50' of rope (include whipping/fusing material)
Stocking cap	Swimsuit (optional)
Scout ball cap	Boy scout Handbook

**Tent** - it is advisable that every scout bring their own tent when backpacking.